

Brussels, 20/4/2020

Subject: Request for Offer (RFO) submitted to the Associationn “ENALMH AISBL” for

- **the provision of the Integrated IT application “Interactive Platform for Active Living for Mental Health including DESIGN, DEVELOPMENT, OPERATION AND MAINTENANCE**

within the frames of “InALMH” project, co-funded by the ERASMUS+ / Sport programme

You are invited to review and respond to this Request for Offer (RFO). In submitting your Offer, you must comply with the instructions found herein. The services required are delineated below (Annex 1). Please read the enclosed document carefully.

The RFO due date is **5/5/2020**.

Please send us your response by regular mail, courier, e-mail or facsimile, along with 2 copies, clearly labelled to:

ENALMH A.I.S.B.L

Nicos Andreopoulos

Secretary General

Avenue Louise 65 – Ixelles, 1050 Belgium

Telephone: 0030 6984200819

Email address: secretary.general@enalmh.eu

Any questions regarding this RFO should be directed to the contact named above.

Please note that applicants are solely responsible to ensure that their response and offer arrives prior to or on the due date the close of the business day (18:00).

Annex 1

1. GENERAL INFORMATION

A. Background and Purpose

OBJECTIVES:

The Inter-Active Living for Mental Health (InALMH) project aims

- to contribute towards the development of an upgraded Policy Framework in the form of Recommendations for EU Guidelines for the use of Sport/PE on Mental Health and
- to create an Interactive Platform (IP) for the collection, the organisation and the dissemination of information concerning the PE Practices providing free access to all interested parties and individuals together with the enhancement for the development of new practices. The IP is a structured WEB space that includes - a Digital Library where the evolutions and updates related to the wider area of Active Living for Mental Health would be hosted and communicated - an innovative Practices' Generator Tool (IT application) in order to enhance and promote the actual use of Sport and Physical Exercise for the benefit of the Mental Health by generating new customized practices. - a User's Online Forum for the mobilization and participatory involvement of professionals and stakeholders of the two fields.

OUTPUTS

1. Data collection on the existing policy background – List of policies
2. Drafting Recommendations on EU Guidelines
3. Data collection of ALMH practices – List of practices
4. Interactive Platform in 5 Linguistic Versions

TARGET GROUPS

The target groups of InALMH are - Sport/PE and Mental Health professionals - Sport/PE entities of all sectors - Mental Health organisations and services providers - EU institutions and networks - State and Local authorities / services - Educational Institutions - General public

PROJECT DURATION: 18 months

PARTNERSHIP

ENALMH - Coordinator
University of Thessaly – Trikala, GR
National & Kapodistrian University of Athens– Athens Greece
Associazione per la Ricerca sulla Salute Mentale e Fisica dell'Anziano (ARISMA) - Bologna, Italy



FOKUS CR- Prague, Czech Republic
Instituto Politécnico do Porto, Health School - Porto, Portugal
Merseyside Expanded Horizons - Liverpool, United Kingdom
Greek Association of Alzheimer - Thessaloniki, Greece
Mental Health Europe, EU Network – Brussels, Belgium
Sport & Citizenship, EU Think Tank - Paris, France
GAMIAN Europe, Global Alliance - Brussels, Belgium.
International Sport & Culture Association - Copenhagen, Denmark

B. PRODUCTION

1. TECHNICAL CHARACTERISTICS

- Digital library
- Users forum
- Interactive tool
- Unlimited bandwidth
- 100GB storage
- Connect a Fully Qualified Domain Name – WEB page development
- 200 video hours
- Visitor analytics
- Social media logo icons
- 5 email accounts
- Priority response
- VIP support
- Multilayered security protection
- Demonstrable compliance of the hosting provider with ISO/IEC 27001:2013
- Demonstrable platform availability 99%
- Conformance of the platform with EU's regulation 679/2016 (GDPR)

2. KEY DATES

It is recognized that time is of the essence.

Start Date: 10/05/2020

Delivery of the first version of the WEB page of the platform: 31/05/2020

Delivery of the Digital Library 30/06/2020

Delivery of the Online forum 31/7/2020

Delivery of the Practices Tool 31/8/2020

Delivery of the draft version of the platform: 30/09/2020

Data entry, operation and maintenance: 30/04/2021



C. BUDGET

The available budget for the services to be provided is 31.000 €

The final offer can't be lower than 10% of the available budget above mentioned.

The total price offered should include all taxes.

Award of a contract resulting from this RFO will be based on the "best value" method.

Please note that only the proposal that is finally selected will be contacted.