

ALMH PILLARS

GROUPS / STAKEHOLDERS INVOLVED

THERAPY & REHABILITATION

PROTECTION OF RIGHTS

PREVENTION

FIELDS



Click on every cell to see the related combinations

ALMH PILLARS

GROUPS / STAKEHOLDERS INVOLVED

THERAPY & REHABILITATION

PROTECTION OF RIGHTS

PREVENTION

FIELDS

▶ Full and official incorporation of PE in funded services provided by the NHS

GROUPS / STAKEHOLDERS: POLICY MAKERS

ALMH PILLAR: THERAPY & REHABILITATION

FIELDS: THERAPY, PUBLIC MENTAL HEALTH FINANCING (G1, F2, F5)

ALMH PILLARS

GROUPS / STAKEHOLDERS INVOLVED

THERAPY & REHABILITATION

PROTECTION OF RIGHTS

PREVENTION

FIELDS

▶ Research and development of specific practices

GROUPS / STAKEHOLDERS: POLICY MAKERS

ALMH PILLAR: THERAPY & REHABILITATION

FIELDS: RESEARCH
(G1, F1)

ALMH PILLARS

GROUPS / STAKEHOLDERS INVOLVED

THERAPY & REHABILITATION

PROTECTION OF RIGHTS

PREVENTION

FIELDS

▶ Guidelines per disorder and practice

GROUPS / STAKEHOLDERS: POLICY MAKERS, SERVICES' PROVIDERS

ALMH PILLAR: THERAPY & REHABILITATION

FIELDS: -
(G1, G2)

ALMH PILLARS

GROUPS / STAKEHOLDERS INVOLVED

THERAPY & REHABILITATION

PROTECTION OF RIGHTS

PREVENTION

FIELDS

▶ Promotion of good practices
- Interactive Platform

GROUPS / STAKEHOLDERS: POLICY MAKERS, SERVICES' PROVIDERS

ALMH PILLAR: THERAPY & REHABILITATION

FIELDS: RESEARCH, THERAPY, EDUCATION
(G1, G2, F1, F2, F3)

ALMH PILLARS

GROUPS / STAKEHOLDERS INVOLVED

THERAPY & REHABILITATION

PROTECTION OF RIGHTS

PREVENTION

FIELDS

▶ Information of the MH professionals

GROUPS / STAKEHOLDERS: POLICY MAKERS

ALMH PILLAR: THERAPY & REHABILITATION

FIELDS: HUMAN / PATIENS' RIGHTS:
INFORMATION - PUBLIC AWARENESS - ADVOCACY
(G1, F4)

ALMH PILLARS

GROUPS / STAKEHOLDERS INVOLVED

THERAPY & REHABILITATION

PROTECTION OF RIGHTS

PREVENTION

FIELDS

▶ Training of professionals

GROUPS / STAKEHOLDERS: POLICY MAKERS, SERVICES' PROVIDERS

ALMH PILLAR: THERAPY & REHABILITATION

FIELDS: RESEARCH, EDUCATION
(G1, G2, F1, F3)

ALMH PILLARS

GROUPS / STAKEHOLDERS INVOLVED

THERAPY & REHABILITATION

PROTECTION OF RIGHTS

PREVENTION

FIELDS

▶ Creation and access to sport facilities

GROUPS / STAKEHOLDERS: POLICY MAKERS, SERVICES' PROVIDERS

ALMH PILLAR: THERAPY & REHABILITATION

FIELDS: PUBLIC MENTAL HEALTH FINANCING, ENVIRONMENT - SPACIAL
PLANNING - SUSTAINABLE DEVELOPMENT
(G1, G2, F5, F6)

ALMH PILLARS

GROUPS / STAKEHOLDERS
INVOLVED

THERAPY & REHABILITATION

PROTECTION OF RIGHTS

PREVENTION

FIELDS

▶ Scientific curricula in Higher Education

GROUPS / STAKEHOLDERS: POLICY MAKERS

ALMH PILLAR: THERAPY & REHABILITATION

FIELDS: EDUCATION
(G1, F3)

ALMH PILLARS

GROUPS / STAKEHOLDERS INVOLVED

THERAPY & REHABILITATION

PROTECTION OF RIGHTS

PREVENTION

FIELDS

▶ Spatial planning

GROUPS / STAKEHOLDERS: POLICY MAKERS

ALMH PILLAR: THERAPY & REHABILITATION

FIELDS: THERAPY, ENVIRONMENT - SPACIAL PLANNING -
SUSTAINABLE DEVELOPMENT
(G1, F2, F6)

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GROUPS / STAKEHOLDERS INVOLVED

THERAPY & REHABILITATION

PROTECTION OF RIGHTS

PREVENTION

FIELDS

▶ Aged population

GROUPS / STAKEHOLDERS: POLICY MAKERS

ALMH PILLAR: THERAPY & REHABILITATION

FIELDS: EDUCATION
(G1, F3)

ALMH PILLARS

GROUPS / STAKEHOLDERS INVOLVED

THERAPY & REHABILITATION

PROTECTION OF RIGHTS

PREVENTION

FIELDS

▶ Youth population

GROUPS / STAKEHOLDERS: POLICY MAKERS

ALMH PILLAR: THERAPY & REHABILITATION

FIELDS: EDUCATION
(G1, F3)

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GROUPS / STAKEHOLDERS INVOLVED

THERAPY & REHABILITATION

PROTECTION OF RIGHTS

PREVENTION

FIELDS

▶ Control of the drugs perscription

GROUPS / STAKEHOLDERS: POLICY MAKERS

ALMH PILLAR: THERAPY & REHABILITATION

FIELDS: PUBLIC MENTAL HEALTH FINANCING
(G1, F5)

ALMH PILLARS

GROUPS / STAKEHOLDERS INVOLVED

THERAPY & REHABILITATION

PROTECTION OF RIGHTS

PREVENTION

FIELDS

▶ Operational specifications for MH services provides-
programs, training & facilities

GROUPS / STAKEHOLDERS: POLICY MAKERS

ALMH PILLAR: THERAPY & REHABILITATION

FIELDS: -
(G1)

ALMH PILLARS

GROUPS / STAKEHOLDERS INVOLVED

THERAPY & REHABILITATION

PROTECTION OF RIGHTS

PREVENTION

FIELDS

▶ PE for MH in work places

GROUPS / STAKEHOLDERS: POLICY MAKERS

ALMH PILLAR: THERAPY & REHABILITATION

FIELDS: WORK & EMPLOYMENT
(G1, F7)

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GROUPS / STAKEHOLDERS INVOLVED

THERAPY & REHABILITATION

PROTECTION OF RIGHTS

PREVENTION

FIELDS

▶ Massive PE/PA for MH programs

GROUPS / STAKEHOLDERS: POLICY MAKERS, SERVICES' PROVIDERS, MH SERVICES USERS

ALMH PILLAR: THERAPY & REHABILITATION

FIELDS: ENVIRONMENT - SPACIAL PLANNING - SUSTAINABLE DEVELOPMENT
(G1, G2, G3, F6)

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GROUPS / STAKEHOLDERS INVOLVED

THERAPY & REHABILITATION

PROTECTION OF RIGHTS

PREVENTION

FIELDS

▶ Revision of the mainstream therapeutic approaches

GROUPS / STAKEHOLDERS: SERVICES' PROVIDERS

ALMH PILLAR: THERAPY & REHABILITATION

FIELDS: THERAPY, PUBLIC MENTAL HEALTH FINANCING (G2, F2, F5)

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GROUPS / STAKEHOLDERS INVOLVED

THERAPY & REHABILITATION

PROTECTION OF RIGHTS

PREVENTION

FIELDS

▶ Connection of PE to Long Term Care

GROUPS / STAKEHOLDERS: POLICY MAKERS, SERVICES' PROVIDERS

ALMH PILLAR: THERAPY & REHABILITATION

FIELDS: THERAPY, ENVIRONMENT - SPACIAL PLANNING
- SUSTAINABLE DEVELOPMENT
(G1, G2, F2, F6)

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GROUPS / STAKEHOLDERS INVOLVED

THERAPY & REHABILITATION

PROTECTION OF RIGHTS

PREVENTION

FIELDS

▶ Research on PE as a offset for the research on drugs

GROUPS / STAKEHOLDERS: POLICY MAKERS

ALMH PILLAR: THERAPY & REHABILITATION

FIELDS: RESEARCH
(G1, F1)

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GROUPS / STAKEHOLDERS INVOLVED

THERAPY & REHABILITATION

PROTECTION OF RIGHTS

PREVENTION

FIELDS

▶ Full presentation of the impact of the use of drugs in physical condition of the individuals

GROUPS / STAKEHOLDERS: POLICY MAKERS, SERVICES' PROVIDERS

ALMH PILLAR: THERAPY & REHABILITATION

FIELDS: RESEARCH, THERAPY, HUMAN / PATIENS' RIGHTS: INFORMATION - PUBLIC AWARENESS - ADVOCACY (G1, G2, F1, F2, F4)

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GROUPS / STAKEHOLDERS INVOLVED

THERAPY & REHABILITATION

PROTECTION OF RIGHTS

PREVENTION

FIELDS

▶ Support and Improve adherence

GROUPS / STAKEHOLDERS: POLICY MAKERS, SERVICES' PROVIDERS

ALMH PILLAR: THERAPY & REHABILITATION

FIELDS: RESEARCH, THERAPY
(G1, G2, F1, F2)

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GROUPS / STAKEHOLDERS INVOLVED

THERAPY & REHABILITATION

PROTECTION OF RIGHTS

PREVENTION

FIELDS

▶ **European Charter of Patients' Rights**
Related articles: 1, 2, 3, 4, 5, 8, 9, 10, 12

GROUPS / STAKEHOLDERS: POLICY MAKERS, SERVICES' PROVIDERS, MH SERVICES USERS

ALMH PILLAR: PROTECTION OF RIGHTS

FIELDS: THERAPY, HUMAN / PATIENS' RIGHTS: INFORMATION - PUBLIC AWARENESS - ADVOCACY, PUBLIC MENTAL HEALTH FINANCING (G1, G2, G3, F2, F4, F5)

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GROUPS / STAKEHOLDERS INVOLVED

THERAPY & REHABILITATION

PROTECTION OF RIGHTS

PREVENTION

FIELDS

▶ Official information procedure (Prorocol) for the patients on alternatives choices and their combination

GROUPS / STAKEHOLDERS: POLICY MAKERS

ALMH PILLAR: PROTECTION OF RIGHTS

FIELDS: HUMAN / PATIENS' RIGHTS: INFORMATION - PUBLIC AWARENESS - ADVOCACY (G1, F4)



▶ Sport as an anti-stigma tool

GROUPS / STAKEHOLDERS: ALL THE GROUPS

ALMH PILLAR: PROTECTION OF RIGHTS

FIELDS: HUMAN / PATIENS' RIGHTS: INFORMATION - PUBLIC AWARENESS -
ADVOCACY
(G1-G5, F4)

ALMH PILLARS

GROUPS / STAKEHOLDERS INVOLVED

THERAPY & REHABILITATION

PROTECTION OF RIGHTS

PREVENTION

FIELDS

▶ Activation of the community and the general public

GROUPS / STAKEHOLDERS: POLICY MAKERS

ALMH PILLAR: PROTECTION OF RIGHTS

FIELDS: HUMAN / PATIENS' RIGHTS: INFORMATION - PUBLIC AWARENESS - ADVOCACY (G1, F4)

ALMH PILLARS

GROUPS / STAKEHOLDERS INVOLVED

THERAPY & REHABILITATION

PROTECTION OF RIGHTS

PREVENTION

FIELDS

▶ Biannual European Sport & PE Event for MH (ESPEEMH)

GROUPS / STAKEHOLDERS: POLICY MAKERS, SERVICES' PROVIDERS

ALMH PILLAR: PROTECTION OF RIGHTS

FIELDS: HUMAN / PATIENS' RIGHTS: INFORMATION - PUBLIC AWARENESS - ADVOCACY, CITIZENSHIP, CULTURAL ASPECTS (G1, G2, F4, F8)

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GROUPS / STAKEHOLDERS INVOLVED

THERAPY & REHABILITATION

PROTECTION OF RIGHTS

PREVENTION

FIELDS

▶ Specific revision of the PE into Education
- 1st & 2nd grades

GROUPS / STAKEHOLDERS: POLICY MAKERS

ALMH PILLAR: PREVENTION

FIELDS: EDUCATION
(G1, F3)



▶ Public awareness on the values of PE/PA

GROUPS / STAKEHOLDERS: POLICY MAKERS, SERVICES' PROVIDERS, MH SERVICES USERS, COMMUNICATION

ALMH PILLAR: PREVENTION

FIELDS: PUBLIC MENTAL HEALTH FINANCING, CITIZENSHIP, CULTURAL ASPECTS (G1, G2, G3, G5, F5, F8)



▶ Massive PE/PA for MH programs

GROUPS / STAKEHOLDERS: POLICY MAKERS, SERVICES' PROVIDERS, MH SERVICES USERS,

ALMH PILLAR: PREVENTION

FIELDS: ENVIRONMENT - SPACIAL PLANNING - SUSTAINABLE DEVELOPMENT
(G1, G2, G3, F6)

ALMH PILLARS

GROUPS / STAKEHOLDERS INVOLVED

THERAPY & REHABILITATION

PROTECTION OF RIGHTS

PREVENTION

FIELDS

▶ Exploitation of PE in work places

GROUPS / STAKEHOLDERS: POLICY MAKERS

ALMH PILLAR: PREVENTION

FIELDS: WORK & EMPLOYMENT
(G1, F7)

ALMH PILLARS

GROUPS / STAKEHOLDERS INVOLVED

THERAPY & REHABILITATION

PROTECTION OF RIGHTS

PREVENTION

FIELDS

▶ Motivation for the general population

GROUPS / STAKEHOLDERS: POLICY MAKERS, SERVICES' PROVIDERS, COMMUNICATION

ALMH PILLAR: PREVENTION

FIELDS: EDUCATION
(G1, G2, G5, F3)

ALMH PILLARS

GROUPS / STAKEHOLDERS INVOLVED

THERAPY & REHABILITATION

PROTECTION OF RIGHTS

PREVENTION

FIELDS

▶ Development of specific indicators
- Reporting

GROUPS / STAKEHOLDERS: POLICY MAKERS

ALMH PILLAR: PREVENTION

FIELDS: RESEARCH, THERAPY
(G1, F1, F2)



▶ Sport as a socialization process

GROUPS / STAKEHOLDERS: SERVICES' PROVIDERS

ALMH PILLAR: PREVENTION

FIELDS: THERAPY, EDUCATION
(G2, F2, F3)



▶ Transfer of funds from drug therapy to prevention

GROUPS / STAKEHOLDERS: POLICY MAKERS

ALMH PILLAR: PREVENTION

FIELDS: RESEARCH, THERAPY, PUBLIC MENTAL HEALTH FINANCING (G1, F1, F2, F5)

ALMH PILLARS

GROUPS / STAKEHOLDERS INVOLVED

THERAPY & REHABILITATION

PROTECTION OF RIGHTS

PREVENTION

FIELDS

▶ Spatial planning & urban transportation

GROUPS / STAKEHOLDERS: POLICY MAKERS

ALMH PILLAR: PREVENTION

FIELDS: ENVIRONMENT - SPACIAL PLANNING - SUSTAINABLE DEVELOPMENT (G1, F6)



▶ Strategic cooperation with the sport sector

GROUPS / STAKEHOLDERS: SERVICES' PROVIDERS, MH SERVICES USERS

ALMH PILLAR: PREVENTION

FIELDS: RESEARCH, THERAPY, EDUCATION
(G2, G3, F1, F2, F3)

ALMH PILLARS

GROUPS / STAKEHOLDERS INVOLVED

THERAPY & REHABILITATION

PROTECTION OF RIGHTS

PREVENTION

FIELDS

▶ Biannual European Sport & PE Event for MH (ESPEEMH)

GROUPS / STAKEHOLDERS: POLICY MAKERS, SERVICES' PROVIDERS

ALMH PILLAR: PREVENTION

FIELDS: HUMAN / PATIENS' RIGHTS: INFORMATION - PUBLIC AWARENESS - ADVOCACY, CITIZENSHIP, CULTURAL ASPECTS (G1, G2, F4, F8)

ALMH PILLARS

GROUPS / STAKEHOLDERS INVOLVED

THERAPY & REHABILITATION

PROTECTION OF RIGHTS

PREVENTION

FIELDS

▶ Groups / Stakeholders involved

G1: POLICY MAKERS

PUBLIC AUTHORITIES (EU, STATE, LOCAL, INTERNATIONAL)
EDUCATION

CITIZENSHIP (COMMUNITY, NETWORKS, INDIVIDUALS)

ALMH PILLARS

GROUPS / STAKEHOLDERS INVOLVED

THERAPY & REHABILITATION

PROTECTION OF RIGHTS

PREVENTION

FIELDS

▶ Groups / Stakeholders involved

G2: SERVICES' PROVIDERS

PROFESSIONALS (SPORT/ MH)

NHS

CORPORATE SECTOR

THIRD SECTOR

ALMH PILLARS

GROUPS / STAKEHOLDERS INVOLVED

THERAPY & REHABILITATION

PROTECTION OF RIGHTS

PREVENTION

FIELDS

- ▶ Groups / Stakeholders involved
- G3: MH SERVICES USERS**
- INDIVIDUALS
- FAMILIES

ALMH PILLARS

GROUPS / STAKEHOLDERS INVOLVED

THERAPY & REHABILITATION

PROTECTION OF RIGHTS

PREVENTION

FIELDS

▶ Groups / Stakeholders involved

G4: MENTAL DISORDERS CATEGORIES

TYPICAL MH DISORDERS

DEMENTIA, ALZHEIMER

DRUG ADDICTIONS, EATING DISORDERS

POST NATAL

ALMH PILLARS

GROUPS / STAKEHOLDERS INVOLVED

THERAPY & REHABILITATION

PROTECTION OF RIGHTS

PREVENTION

FIELDS

- ▶ Groups / Stakeholders involved
- G5: COMMUNICATION**
- MME
- SOCIAL MEDIA

ALMH PILLARS

GROUPS / STAKEHOLDERS INVOLVED

THERAPY & REHABILITATION

PROTECTION OF RIGHTS

PREVENTION

FIELDS

▶ Fields
F1: RESEARCH

ALMH PILLARS

GROUPS / STAKEHOLDERS INVOLVED

THERAPY & REHABILITATION

PROTECTION OF RIGHTS

PREVENTION

FIELDS

▶ Fields

F2: THERAPY

ALMH PILLARS

GROUPS / STAKEHOLDERS INVOLVED

THERAPY & REHABILITATION

PROTECTION OF RIGHTS

PREVENTION

FIELDS

▶ Fields
F3: EDUCATION

ALMH PILLARS

GROUPS / STAKEHOLDERS INVOLVED

THERAPY & REHABILITATION

PROTECTION OF RIGHTS

PREVENTION

FIELDS

▶ Fields

**F4: HUMAN / PATIENS' RIGHTS:
INFORMATION - PUBLIC AWARENESS -
ADVOCACY**

ALMH PILLARS

GROUPS / STAKEHOLDERS INVOLVED

THERAPY & REHABILITATION

PROTECTION OF RIGHTS

PREVENTION

FIELDS

▶ Fields

F5: PUBLIC MENTAL HEALTH FINANCING

ALMH PILLARS

GROUPS / STAKEHOLDERS INVOLVED

THERAPY & REHABILITATION

PROTECTION OF RIGHTS

PREVENTION

FIELDS

▶ Fields

**F6: ENVIRONMENT - SPACIAL PLANNING -
SUSTAINABLE DEVELOPMENT**

ALMH PILLARS

GROUPS / STAKEHOLDERS INVOLVED

THERAPY & REHABILITATION

PROTECTION OF RIGHTS

PREVENTION

FIELDS



Fields

F7: WORK & EMPLOYMENT

ALMH PILLARS

GROUPS / STAKEHOLDERS INVOLVED

THERAPY & REHABILITATION

PROTECTION OF RIGHTS

PREVENTION

FIELDS

▶ Fields

F8: CITIZENSHIP, CULTURAL ASPECTS